



El Paso Health
HEALTH PLANS FOR EL PASOANS. BY EL PASOANS.

Where Should You Go for Care for You or Your Child?



Primary Care Provider (PCP)

Call or see your PCP for regular medical problems and most urgent care needs.

- Check-ups or physicals
- Flu shots or other vaccines
- Medication refills or changes
- Routine tests
- ...and most things on the urgent care list!
- Common illness
- Health advice
- Referral to a specialist
- Your regular medical problems

Call your PCP about:

- High fevers
- Persistent vomiting



Urgent Care

Go to an Urgent Care Center for common things that need to be treated soon, but only if your doctor is not available.

- Bladder infections
- Cuts requiring stitches
- Mild Fever
- Sore throat
- Vomiting or diarrhea
- Congestion
- Dehydration
- Minor burns
- Sports injuries
- Ear aches
- Headache
- Rash
- Stiff Neck



Emergency Room

Go to the ER for serious life or limb threatening conditions.

- Broken bones, shifted out of place
- Difficulty breathing or speaking
- Lethargic or hard to wake
- Severe asthma or allergic reaction
- Severe burns or laceration
- Head or eye injury
- Loss of consciousness
- Poisoning or overdoses
- Traumatic injury
- Turning blue or pale